

Approved
MEETING MINUTES
STATE CONSUMER AND FAMILY ADVISORY COMMITTEE

November 13, 2008

Present: Nancy Black, Wilda Brown, Gladys Christian, Zack Commander, Bill Cook, Kathy Crocker, Carol DeBerry, Roger Griesinger, Laura Keeney, Ron Kendrick, Renee Sisk, Andrea Stevens, David Taylor Jr., Amelia Thorpe and Rosemary Weaver.

Absent: Terry Burgess, Marianne Clayter, Libby Jones, Carl Noyes, Paul Russ and Glenda Woodson.

Staff Present: Leza Wainwright, Chris Phillips, Cathy Kocian and Jesse Sowa.

Guests: Carolyn Anthony, Fred Johnson and Judy Taylor.

Presenter & Topic	Discussion	Action
Welcome: Ron Kendrick, SCFAC Chair	<ul style="list-style-type: none">• The meeting was called to order at 9:30 AM.• Ron Kendrick welcomed the four new SCFAC members: Rosemary Weaver, Gladys Christian, Nancy Black and Laura Keeney were all recently appointed to the committee.	The agenda was approved with changes. The October 2008 minutes were approved with changes.
Public Comment/Issues	<ul style="list-style-type: none">• Cynthia Vester, North Carolina Consumer Advocacy Network Support Organization (NC-CANSO) Executive Director, provided SCFAC members an overview of the organization and invited the SCFAC members to attend the NCCANSO session being held at Pinehurst on Wednesday, December 10, 2008, from 4:00-6:00 PM in the Carolina Room. She distributed brochures for the NC Council of Community Programs Pinehurst Conference to the SCFAC.• Roger Griesinger stated that he has been working on a project that is going to provide NC data relevant to the total number of people from each county that are being served by the Veteran's Administration. The data will include information for all three disability categories (MH/DD/SA).• David Taylor, Jr., informed SCFAC members that Ellen Perry, Judy Taylor and he had attended the recent DD Conference in New Mexico.• Andrea Stevens provided feedback on the PBH Conference that was developed by CFAC members. She said that this year's conference was a huge success with 353 attendants, over fifty percent of whom were consumers and family members.• Chris Phillips announced that Ann Remington, Consumer Empowerment Team Leader, has resigned from her position with the Division of MH/DD/SAS. Chris said that Ann has long been an effective Team Leader for the Consumer Empowerment Team and has provided consistent and valuable support to the State CFAC. She will be sorely missed.	SCFAC members approved the SCFAC Fact sheet and copies will be available for distribution at the Pinehurst display table.

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	<ul style="list-style-type: none"> • Ron Kendrick noted that many SCFAC members will be attending The NC Council of Community Programs Conference at Pinehurst this year. In addition, Ron suggested that all SCFAC members assist Roger Griesinger and Carl Noyes with the SCFAC display table that will be set up near the conference registration table. • Ron Kendrick and Wilda Brown met with Secretary Benton and the Broughton Master Plan Advisory Group last week in Morganton. The Secretary has requested that SCFAC members provide input on the development of the new hospital. In addition, he has asked for any feedback that the members might receive from their respective communities. • SCFAC members agreed that it would be best if Chris Phillips attended the December 18, 2008 LOC meeting on their behalf. This would eliminate travel requirements for all of the SCFAC members for the month of December. 	Chris Phillips will attend the December 18, 2008 LOC meeting.
Discussion with Division Leadership Leza Wainwright	<ul style="list-style-type: none"> • Leza extended a warm welcome to the new SCFAC members and expressed that the Division values their input and advice. • Leza addressed the recent budget reductions and their impact on the Division of MH/DD/SAS. Due to the current economic conditions, the Division has experienced budget reductions in excess of \$20 million dollars. The fact that the majority of the budget is for services makes it impossible to make reductions and not have services affected in some way. In addition, the Division has frozen all vacant positions and eliminated excess travel. Only staff that must travel to do their jobs are approved for travel at this time. All Boards and Commissions are being asked to look at ways to economize and reduce their expenditures. • Ron Kendrick inquired about LME fund balances across the state. It is hoped that LMEs will use their fund balances to offset some of the funding reductions now occurring. Two months operating expenses is the general rule for undesignated LME fund balances. Some LMEs have very large balances and some do not. LME fund balances are public information and CFACs should be aware of the balances in their respective LMEs. Single county LMEs identify their fund balances separately and it usually goes into the county coffers. Roger Griesinger stated that CFACs should ask their LMEs about their fund balances and how they intend to use them as well as how they intend to accommodate the budget reductions. This will help ensure accountability. It was noted that the contract with the LMEs must be written within the parameters of the current statute. • Targeted Case Management (TCM) is undergoing some basic changes. In 2005, Congress passed the Deficit Reduction Act (DRA) which defined Case Management as including: <ul style="list-style-type: none"> ○ Assessment, ○ Plan of Care development, 	Leza will send SCFAC members the itemized LME fund balance document.

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	<ul style="list-style-type: none"> ○ Referral to service providers and ○ Monitoring and follow-up. <p>CMS has established guidelines to assist states with developing new rates and the Division had to develop a new payment schedule for TCM. North Carolina has historically paid higher rates than some of the other states. CMS is becoming increasingly opposed to approving paying these historically high rates and is unlikely to approve State Plan Amendments that include high rates. Beginning January 1, 2009 the new rate will be \$18.75 per 15 minute unit of service. Then in March 2009, the rate will be reduced to the CMS approved rate of \$14.59 per 15 minute unit. Due to the economy, the new federal Administration may not be able to provide more funds to CMS so the Medicaid system will probably remain the same for now.</p> <ul style="list-style-type: none"> ● NC will be undergoing some changes within state government with the new administration. Ron Kendrick suggested that the SCFAC support the idea of Secretary Benton continuing in his role. ● The CAP MR/DD Waiver was approved by CMS and went into effect November 1, 2009. Home Support is a service delivered by family members who live at the home with the consumer. The Division has allotted a sixty day window so that families have time to put the appropriate services in place given the new waiver requirements. ● Leza provided an overview on the current progress of several planned projects. At this time, there are 22 Mobile Crisis Teams up and running across the state. The Division has funding for 76 new inpatient beds and LMEs are contracting with local hospitals that have agreed to increase their local inpatient psychiatric bed capacity. 	
2009 SCFAC Meetings	<ul style="list-style-type: none"> ● Ron Kendrick advised SCFAC members that, in view of the economic conditions, the committee needs to consider reducing some of their meetings in 2009 and proposed that the July and December 2009 meetings be eliminated. Leza advised SCFAC members that SCFAC is its own entity and they are not required to cut the meeting schedule. SCFAC members discussed meeting with Division staff on Wednesdays before the June and November 2009 SCFAC meeting dates. This would allow each task team an opportunity to discuss relevant concerns and issues in line with their statute requirements. ● The SCFAC members decided to name each one of the newly created sub-committees "<i>Task Teams</i>." In addition, members from each task team agreed to develop operating statements similar to the SCFAC Response Team's statement. The following members agreed to develop a rough draft of an operating statement for review at the January SCFAC meeting: <ul style="list-style-type: none"> ○ Plans Task Team- Renee Sisk. ○ Services Task Team- Andrea Stevens and Ron Kendrick. ○ Budget Task Team- Nancy Black 	<p>SCFAC members approved a motion to eliminate the July and December, 2009 meetings and meet with appropriate Division staff on Wednesdays before the June and November SCFAC meetings. Each task team will make a bi-annual report to the SCFAC.</p> <p>Cathy Kocian will make the changes on the SCFAC Sub-committee spreadsheet reflecting the name changes for each task team.</p>

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	<ul style="list-style-type: none"> ○ SCFAC/LCFAC Interface Task Team- Kathy Crocker. 	
LOC Meetings	<ul style="list-style-type: none"> • Carl Noyes will be attending the upcoming November LOC meeting in Raleigh on behalf of SCFAC. 	Carl Noyes has been selected to present the SCFAC Fact sheet to the LOC.
Next Meeting Date	<ul style="list-style-type: none"> • The next meeting is scheduled for January 8, 2009 from 9:30-3:00 PM. The meeting will be held in the Four Sisters Room at the Clarion Hotel State Capital, 320 Hillsborough Street, Raleigh, NC. 	
January 2009 Meeting Agenda	<ul style="list-style-type: none"> • Approval of the Agenda. • Approval of the November 2008 minutes. • Discussion with Division Leadership. • Public Comment Time. • Budget Presentation. • Task Team Reports. • Task Team Sessions. 	
Future Meetings		